

OCTOBER

Catering On Call



HORIZON EDUCATION CENTERS

Oct-23

2	3	4	5	6
Grilled Chicken Breast with BBQ, Peas, Mango, WG Hamburger Bun and Milk.	WG CN Taco Pizza Wedges, Corn, Diced Pears and Milk.	WG CN Chicken Tenders, Cauliflower, WG Roll, Diced Strawberries and Milk.	Egg & Cheese Omelette, WG Pancakes, Green Beans, Mandarin Oranges and Milk.	WG Turkey Sandwich, Baby Carrots with Ranch, Fresh Bananas and Milk.
9	10	11	12	13
WG Cheese Quesadilla, Broccoli, Pineapple and Milk.	Meatballs In Sauce, Spaghetti Noodles, Green Beans, Fresh Apple and Milk.	Chicken & Gravy, Biscuit, Diced Carrots, Mango and Milk.	Salisbury Steak & Gravy, Mashed Potatoes, Hawaii Roll, Diced Peaches and Milk.	Chicken Parmesan, Peas, Fresh Kiwi, WG Roll, and Milk.
16	17	18	19	20
Meatloaf, Corn, WG Corn Bread, Pineapple with Milk.	Chicken Taco with Cheese, Lettuce/Salsa, WG tortilla, Diced Peaches with Milk.	WG Lasagna Bake, Broccoli, Mandarin Oranges with Milk.	WG CN Chicken Nuggets, Green Beans, Fresh Apples with Milk.	Beef Patties, Diced Carrots, WG Hamburger Buns, Fresh Banana with Milk.
23	24	25	26	27
Closed For PD Day	Sloppy Joe, Peas, WG Hamburger Buns, Fresh Oranges and Milk	Teryaki Chicken, WG Rice, Diced Carrots, Blueberries and Milk.	Meatball Subs, Corn, WG Hot Dog Bun, Diced Peaches and Milk.	WG Mac & Cheese, Cauliflower, Fresh Kiwi and Milk
30	31			
WG Pizza, Mixed Vegetables with Lima Beans, Pineapple and Milk.	Chicken Tenders with BBQ, Diced Carrots, Hawaii Roll, Banana and Milk.			

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c

