



Catering On Call



HORIZON EDUCATION CENTERS

Dec-23

					1
				Grilled Chicken Breast w/ BBQ, WG Hamburger Bun, Peas, Mandarin Oranges and Milk.	
4	5	6	7	8	
Chicken Tenders, Green Beans, WG Roll, Fresh Apples with Milk.	Meatloaf, Corn, WG Corn Bread, Diced Strawberries and Milk.	Diced Teryaki Chicken, WG Rice, Peas, Mandarin Oranges and Milk.	Beef Patties with Cheese, WG Hamburger Bun, Broccoli, Diced Mango and Milk.	WG Turkey Sandwiches, Baby Carrots with Ranch, Diced Peaches, and Milk.	
11	12	13	14	15	
Diced Chicken & Gravy, Biscuit, Diced Carrots, Blueberries with milk.	WG Pizza, Green Beans, Pineapple with Milk.	Beef Taco Meat / Cheese, Lettuce, Salsa, WG Tortilla, Diced Peaches with milk	Turkey Burger, WG Hamburger Bun, Mixed Vegetables with Lima Beans, Banana and milk	Sweedish Meatballs, Egg Noodles, Peas, Applesauce with Milk	
18	19	20	21	22	
Sloppy Joe, WG Hamburger Bun, Corn, Pineapple and Milk	WG CN Chicken Nuggets, Broccoli, Blueberries, and Milk	Salisbury Steak & Gravy, Mashed Potatoes, Hawaiiin Roll, Fresh Apples and Milk	Meatballs Subs with WG Bun, Green Beans, Diced Pears in Juice and Milk.	Baked Chicken Parmasean, Hawaiiin Roll, Diced Carrots, Diced Mango, and Milk.	
25	26	27	28	29	
    <p style="text-align: center;">Happy Holidays!</p>					

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c

