



September 2026



HORIZON EDUCATION CENTERS
Sep-26

Monday	Tuesday	Wednesday	Thursday	Friday		1 & 2 Years	3-5 Years	6-12 Years
	Chicken Taco WG Flour Tortilla Fiesta Corn Pineapple Tidbits Shred Lettuce/Cheddar Whole/1% Milk	Swedish Meatballs (4 Meatballs, 1 oz. Sauce) Egg Noodles Peas Fresh Melon Whole/1% Milk	Greek Chicken WG Herb Rice Green Beans and Tomatoes Diced Pears Whole/1% Milk	Sloppy Joe Meat (1 1/2 oz. Ground Beef, 1 oz. Tomato Sauce) WG Bun Broccoli Fresh Banana (1/2) Whole/1% Milk	Meat or Meat Alternative 1 oz. 1 1/2 oz. 2 oz.			
LABOR DAY	Parsley Lemon Chicken WG Breadstick Green Beans Mandarin Orange Segments Whole/1% Milk	Beef and Pasta (3/4 c.) (1 1/2 oz. beef, oz. Sauce) WG Elbow Macaroni Broccoli Diced Pears Whole/1% Milk	BBQ Chicken (2 oz. Chicken Thigh Meat) Cilantro Lime Rice Carrots Fresh Banana Whole/1% Milk	Beef Patty and Gravy WG Wheat Roll Mashed Potatoes Fresh Melon Whole/1% Milk	Grains 1/2 oz. eq² 1/2 oz. eq² 1 oz. eq²			
					Fruit 1/8c. 1/4c 1/4c			
					Vegetable 1/8c. 1/4c. 1/2c.			
Orange Chicken (1/3 c) WG Coconut Rice Carrots Fresh Apple Wedges Whole/1% Milk	Meatballs(4) and Sauce Shredded Mozzarella WG Hot Dog Bun Potato Wedges Sliced Peaches Whole/1% Milk	Macaroni and Cheese (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni) Green Beans Fresh Melon Whole/1% Milk	Creamed Chicken (1/2 c) (Chicken, Celery, Onion, Gravy) WG Biscuit Peas and Carrots Mandarin Orange Segments Whole/1% Milk	Sliced Teriyaki Chicken (Chicken Thigh Meat) Asian Noodles Broccoli Fresh Banana (1/2) Whole/1% Milk	Fluid Milk 1/2c 3/4c 1c			
					The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.			
Chicken Tenders (2) Bowtie Noodles Broccoli Fresh Apple Wedges Whole/1% Milk	Beef Taco Meat (Seasoned Ground Beef) WG Flour Tortilla Fiesta Corn, Taco Sauce Pineapple Tidbits Shredded Lettuce/Cheese Whole/1% Milk	Chicken Paprikash (1/3 c.) (Diced Chicken, Paprika, Sour Cream) WG Rotini Noodles Peas and Carrots Fresh Melon Whole/1% Milk	Meatloaf and Gravy (2.5 oz Slice, Brown Gravy) WG Roll Mashed Potatoes Sliced Peaches Whole/1% Milk	WG Cheese Calzone WG Crust Romaine Salad Fresh Banana (1/2) Whole/1% Milk				
Chicken Nuggets (4) WG Cornbread Baby Carrots Fresh Apple Wedges (4) Whole/1% Milk	Chicken Taco WG Flour Tortilla Fiesta Corn Pineapple Tidbits Shred Lettuce/Cheddar Whole/1% Milk	Swedish Meatballs (4 Meatballs, 1 oz. Sauce) Egg Noodles Peas Fresh Melon Whole/1% Milk						