

HORIZON EDUCATION CENTERS
 Mar-26

	Monday	Tuesday	Wednesday	Thursday	Friday		1 & 2 Years	3-5 Years	6-12 Years
	2	3	4	5	6	Meat or Meat Alternative	1 oz.	1 1/2 oz.	2 oz.
						Grains	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
	9	10	11	12	13	Fruit	1/8c.	1/4c	1/4c
						Vegetable	1/8c.	1/4c.	1/2c.
	16	17	18	19	20	Fluid Milk	1/2c	3/4c	1c
						The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.			
	23	24	25	26	27				
	30	31	<p>We participate in the USDA Child and Adult Care Food Program (CACFP), which means your children get daily access to healthy and nutritious foods at no extra cost to you!</p> <p>Celebrating CACFP Week March 15-21, 2026</p>						

