

# January 2026



HORIZON EDUCATION CENTERS  
Jan-26

Monday	Tuesday	Wednesday	Thursday	Friday
			Closed	Closed
<b>BBQ Chicken</b> WG Parsley Noodles Peas and Carrots Diced Pears Whole / 1% Milk	<b>Sloppy Joe Meat</b> WG Burger Bun Broccoli Fresh Apple Wedges Whole / 1% Milk	<b>Adobo Chicken</b> WG Cilantro Rice Red Beans Pineapple Tidbits Whole / 1% Milk	<b>Salisbury Steak</b> with Gravy WG Dinner Roll Mashed Potatoes Sliced Peaches Whole / 1% Milk	<b>Cheese Pizza</b> (2 oz. Mozzarella Cheese) WG Crust Green Beans Fresh Banana(1/2) Whole / 1% Milk
<b>Alfredo Chicken</b> WG Parsley Noodles Cooked Baby Carrots Fresh Apple Wedges Whole / 1% Milk	<b>Beef Taco Meat</b> (Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn Pineapple Tidbits WG Flour Tortilla Taco Sauce Whole / 1% Milk	<b>Sliced Turkey</b> and Gravy WG Cornbread Stuffing Broccoli Sliced Peaches Whole / 1% Milk	<b>Beef and Chicken Meatballs</b> WG Spaghetti Noodle and Sauce Green Beans Fresh Melon Whole / 1% Milk	<b>Grilled Cheese Sandwich</b> (2 oz Amer. Cheese) WG Bread Home Fried Potatoes Fresh Banana(1/2) Whole / 1% Milk
All Sites Closed	<b>Beef and Pasta (3/4 c)</b> (1 1/2 oz. Beef, 3 oz Sauce) WG Elbow Pasta Broccoli Sliced Peaches Whole / 1% Milk	<b>Chicken Nuggets(4)</b> WG Pineapple Rice Green Beans Fresh Orange Wedges(4) Sweet and Sour Sauce Whole / 1% Milk	<b>BBQ Meatloaf</b> WG Dinner Roll Mashed Potatoes Pineapple Tidbits Whole / 1% Milk	<b>Cheese Ravioli(4)</b> and Spaghetti Sauce Romaine Salad(1/2 c) Fresh Banana (1/2) Whole / 1% Milk
<b>Breaded Chicken Patty</b> WG Spanish Rice Roasted Baby Carrots Applesauce Whole / 1% Milk	<b>Beef Taco Meat</b> (Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn, WG Tortillas, Taco Sauce Pineapple Tidbits Whole / 1% Milk	<b>Glazed Turkey Ham</b> WG Dinner Roll Hash Brown Casserole Fresh Orange Wedges(4) Whole / 1% Milk	<b>Meatballs and Sauce</b> WG Hot Dog Bun Garlic Broccoli Sliced Peaches Whole / 1% Milk	<b>Macaroni and Cheese</b> Romaine Salad(1/2 c) Fresh Banana(1/2) Whole / 1% Milk

	1 & 2 Years	3-5 Years	6-12 Years
Meat or Meat Alternative	1 oz.	1 1/2 oz.	2 oz.
Grains	1/2 oz. eq <sup>2</sup>	1/2 oz. eq <sup>2</sup>	1 oz. eq <sup>2</sup>
Fruit	1/8c.	1/4c	1/4c
Vegetable	1/8c.	1/4c.	1/2c.
Fluid Milk	1/2c	3/4c	1c

The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.

