

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			Closed	Closed
5 BBQ Chicken WG Parsley Noodles Peas and Carrots Diced Pears Whole / 1% Milk	6 Sloppy Joe Meat WG Burger Bun Broccoli Fresh Apple Wedges Whole / 1% Milk	7 Adobo Chicken WG Cilantro Rice Red Beans Pineapple Tidbits Whole / 1% Milk	8 Salisbury Steak with Gravy WG Dinner Roll Mashed Potatoes Sliced Peaches Whole / 1% Milk	9 Cheese Pizza (2 oz. Mozzarella Cheese) WG Crust Green Beans Fresh Banana(1/2) Whole / 1% Milk
12 Alfredo Chicken WG Parsley Noodles Cooked Baby Carrots Fresh Apple Wedges Whole / 1% Milk	13 Beef Taco Meat (Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn Pineapple Tidbits WG Flour Tortilla Taco Sauce Whole / 1% Milk	14 Sliced Turkey and Gravy WG Cornbread Stuffing Broccoli Sliced Peaches Whole / 1% Milk	15 Beef and Chicken Meatballs WG Spaghetti Noodle and Sauce Green Beans Fresh Melon Whole / 1% Milk	16 Grilled Cheese Sandwich (2 oz Amer. Cheese) WG Bread Home Fried Potatoes Fresh Banana(1/2) Whole / 1% Milk
19 All Sites Closed	20 Beef and Pasta (3/4 c) (1 1/2 oz. Beef, 3 oz Sauce) WG Elbow Pasta Broccoli Sliced Peaches Whole / 1% Milk	21 Chicken Nuggets(4) WG Pineapple Rice Green Beans Fresh Orange Wedges(4) Sweet and Sour Sauce Whole / 1% Milk	22 BBQ Meatloaf WG Dinner Roll Mashed Potatoes Pineapple Tidbits Whole / 1% Milk	23 Cheese Ravioli(4) and Spaghetti Sauce Romaine Salad(1/2 c) Fresh Banana (1/2) Whole / 1% Milk
26 Breaded Chicken Patty WG Spanish Rice Roasted Baby Carrots Applesauce Whole / 1% Milk	27 Beef Taco Meat (Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn, WG Tortillas, Taco Sauce Pineapple Tidbits Whole / 1% Milk	28 Glazed Turkey Ham WG Dinner Roll Hash Brown Casserole Fresh Orange Wedges(4) Whole / 1% Milk	29 Meatballs and Sauce WG Hot Dog Bun Garlic Broccoli Sliced Peaches Whole / 1% Milk	30 Macaroni and Cheese Romaine Salad(1/2 c) Fresh Banana(1/2) Whole / 1% Milk



	1 & 2 Years	3-5 Years	6-12 Years
Meat or Meat Alterna- te	1 oz.	1 1/2 oz.	2 oz.
Grains	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8c.	1/4c	1/4c
Vegeta- ble	1/8c.	1/4c.	1/2c.
Fluid Milk	1/2c	3/4c	1c

The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.

