


HORIZON EDUCATION CENTERS
 May-26

	Monday	Tuesday	Wednesday	Thursday	Friday		1 & 2 Years	3-5 Years	6-12 Years
					Sliced Teriyaki Chicken (Chicken Thigh Meat) 1/4 c-WG Brown Rice Zucchini and Red Peppers Fresh Banana (1/2) Whole/1% Milk	Meat or Meat Alternative	1 oz.	1 1/2 oz.	2 oz.
						Grains	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
	Chicken Patty WG Spanish Rice Cooked Carrots Fresh Apple Wedges (4) Whole/1% Milk	Beef Taco Meat (Seasoned Ground Beef) WG Flour Tortilla Fiesta Corn, Shredded Lettuce, Salsa Pineapple Tidbits Whole/1% Milk	Coconut Curry Chick Peas (3 oz. Chick Peas, 1 oz. Sauce) Naan Bread Zucchini Fresh Orange Wedges Whole/1% Milk	Beef and Chicken Meatballs Pasta and Sauce Green Beans Fresh Melon Whole/1% Milk	Italian Sub (Turkey Ham and Salami, Mozzarella) WG Hot Dog Bun Romaine Salad, Ranch Fresh Banana (1/2) Whole/1% Milk	Fruit	1/8c.	1/4c	1/4c
						Vegetable	1/8c.	1/4c.	1/2c.
	Chicken Nuggets (4) Shells Alfredo Baby Carrots Fresh Apple Wedges (4) Whole/1% Milk	Chicken Taco WG Flour Tortilla Black Beans Pineapple Tidbits Shredded Lettuce/Cheddar Whole/1% Milk	Meatballs Stroganoff (4 Meatballs, 1 oz. Sauce) Egg Noodles Peas Fresh Melon Whole/1% Milk	Greek Chicken Pita Bread Broccoli, Sliced Tomatoes Fresh Orange Wedges Tzatziki Sauce Whole/1% Milk	Turkey Burger American Cheese WG Burger Bun Potato Wedges Fresh Banana (1/2) Whole/1% Milk	Fluid Milk	1/2c	3/4c	1c
						The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.			
	Beef And Pasta (Seasoned Beef, Elbows, Spaghetti Sauce) Broccoli Fresh Apple Wedges (4) Whole/1% Milk	Scrambled Cheese Eggs WG Biscuit Home Fried Potatoes Pineapple Tidbits Whole/1% Milk	Sloppy Joe Meat (1 1/2 oz. Ground Beef, 1 oz, Tomato Sauce) WG Bun Green Peas Fresh Orange Wedges Whole/1% Milk	BBQ Chicken (2 oz. Chicken Thigh Meat) Cornbread Baked Beans Fresh Melon Whole/1% Milk	1/2 Turkey Sandwich (2 oz. Turkey and Cheese) Wheat Bread (1 slice) Fresh Baby Carrots, Ranch Fresh Banana Whole/1% Milk				
		Glazed Turkey Ham WG Cornbread Broccoli Pineapple Tidbits Whole/1% Milk	Macaroni and Cheese* (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni) Green Beans Fresh Melon Whole/1% Milk	BBQ Meatballs Shredded Cheddar WG Hot Dog Bun Potato Wedges Fresh Orange Wedges Whole/1% Milk	Sliced Teriyaki Chicken (Chicken Thigh Meat) Asian Noodles Zucchini and Red Peppers Fresh Banana (1/2) Whole/1% Milk				