

HORIZON EDUCATION CENTERS  
Apr-26

	Monday	Tuesday	Wednesday	Thursday	Friday	1 & 2 Years	3-5 Years	6-12 Years
			1 <b>Macaroni and Cheese</b> (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni) Green Beans Fresh Melon  Whole/1% Milk	2 <b>BBQ Meatballs</b> Shred Cheddar WG Hot Dog Bun Potato Wedges Pineapple Tidbits  Whole/1% Milk	3 <b>Sliced Teriyaki Chicken</b> (Chicken Thigh Meat) 1/4 c-WG Brown Rice Broccoli Stir Fry Fresh Banana (1/2)  Whole/1% Milk	Meat or Meat Alternative 1 oz.	1 1/2 oz.	2 oz.
	6 <b>Chicken Patty</b>  WG Pineapple Rice Broccoli Fresh Apple Wedges (4) Whole/1% Milk	7 <b>Beef Taco Meat</b> (Seasoned Ground Beef) WG Flour Tortilla Fiesta Corn, Shredded Lettuce, Cheese, Taco Sauce Pineapple Tidbits Whole/1% Milk	8 <b>Butter Chicken</b> (2 oz. Diced Chicken, 1 oz. Sauce) (1/4 c.)WG Brown Rice Green Peas Mandarin Orange Segments Whole/1% Milk	9 <b>Beef and Chicken Meatballs</b>  Pasta and Sauce Green Beans Fresh Melon Whole/1% Milk	10 <b>Italian Sub</b> (Turkey Ham and Salami, Mozzarella) WG Hot Dog Bun Romaine Salad Fresh Banana (1/2) Whole/1% Milk	Grains 1/2 oz. eq <sup>2</sup>	1/2 oz. eq <sup>2</sup>	1 oz. eq <sup>2</sup>
	13 <b>Chicken Nuggets (4)</b>  Spinach Garlic Noodles Baby Carrots Fresh Apple Wedges (4) Whole/1% Milk	14 <b>Chicken Taco</b>  WG Flour Tortilla Black Beans Pineapple Tidbits Shredded Lettuce/Cheddar Whole/1% Milk	15 <b>Meatballs Stroganoff</b> (4 Meatballs, 1 oz. Sauce) Egg Noodles Peas Fresh Melon Whole/1% Milk	16 <b>Greek Chicken</b> Pita Bread Broccoli Mandarin Orange Segments Tzatziki Sauce Sliced Tomatoes Whole/1% Milk	17 <b>Turkey Burger</b> American Cheese WG Burger Bun Potato Wedges Fresh Banana (1/2) Whole/1% Milk	Fruit 1/8c.	1/4c	1/4c
	20 <b>Beef And Pasta</b> (Seasoned Beef, Elbows, Spaghetti Sauce) Broccoli Fresh Apple Wedges (4) Whole/1% Milk	21 <b>Orange Chicken</b> (2 oz. Chicken, 1 oz. Sauce)  WG Brown Rice Romaine Salad Sliced Peaches Mango Ranch Dressing Whole/1% Milk	22 <b>Sloppy Joe Meat</b> (1 1/2 oz. Ground Beef, 1 oz, Tomato Sauce) WG Bun Green Peas Mandarin Orange Segments Whole/1% Milk	23 <b>BBQ Chicken</b> (2 oz. Chicken Thigh Meat)  WG Roll Baked Beans Fresh Melon Whole/1% Milk	24 <b>1/2 Turkey Sandwich</b> (2 oz. Turkey and Cheese)  Wheat Bread Fresh Baby Carrots Fresh Banana Ranch Dressing Whole/1% Milk	Vegetable 1/8c.	1/4c.	1/2c.
	27 <b>Pineapple Chicken</b> WG Coconut Rice Cooked Carrots Diced Pears  Whole/1% Milk	28 <b>Sloppy Joe Meat</b> WG Burger Bun Broccoli Fresh Apple Wedges  Whole/1% Milk	29 <b>Macaroni and Cheese*</b> (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni) Green Beans Fresh Melon Whole/1% Milk	30 <b>BBQ Meatballs</b> Shredded Cheddar WG Hot Dog Bun Potato Wedges Pineapple Tidbits Whole/1% Milk		Fluid Milk 1/2c	3/4c	1c
						The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free. 		

