

# MARCH



HORIZON EDUCATION CENTERS

Mar-25

3	4	5	6	7
Chicken Paprikash, Noodles, Carrots, Strawberry Applesauce with Milk	Hoisin Glazed Meatballs, WG Brown Rice Pilaf, Zucchini and Squash, Pineapple Tidbits with Milk	WG Macaroni and Cheese, Green Beans and Tomatoes, Fresh Oranges with Milk	Sloppy Joe Meat, WG Burger Bun, Roasted Potatoes, Sliced Peaches with Milk	Sliced Chicken Breast, Alfredo Sauce, WG Rotoni, Roasted Broccoli, Fresh Banana with Milk
10	11	12	13	14
Chicken Tetrizzini, WG Spaghetti Noodles, Cooked Baby Carrots, Fresh Apple Wedges with Milk	Beef Taco Meat, Shredded Lettuce, Cheese, and Mexicorn, Diced Pears, WG Flour Tortilla, with Milk	BBQ Chicken, Corncake, Roasted Sweet Potatoes, Mandarin Oranges with Milk	Beef and Chicken Meatballs, WG Pasta and sauce, Zucchini, Fresh Melon with Milk	Adobo Chicken, WG Cilantro Lime Rice, Red Beans, Fresh Banana with Milk
17	18	19	20	21
Chicken Nuggets, WG Spinach Garlic Noodles, Carrots, Fresh Apple Wedges with Milk	Cheese Ravioli with Spaghetti Sauce, Romaine Salad, Mandarin Oranges with Milk	Parsley Lemon Chicken, WG Rice Pilaf, Broccoli, Pineapple Tidbits with Milk	Meatballs Stroganoff, Egg Noodles, Peas, Fresh Melon, with Milk	Sliced Chicken Breast with Tropical Island Glaze, WG Corn Bread, Kale and Sweet Potatoes, Fresh Banana with Milk
24	25	26	27	28
Sliced Chicken Philly Meat with Peppers and Onions, WG Hot Dog Bun, Cooked Baby Carrots, Cinnamon Applesauce, Shredded Mozerella and Milk	Pineapple Chicken, WG Brown rice, Broccoli, Pineapple Tidbits with Milk	Taco Casserole, WG Elbow Macaroni, Green Beans, Pears, with Milk	Breaded Chicken Patty, WG Brown Rice and Zucchini, Fresh Oranges, with Milk	Closed For PD Day
31	Celebrate CACFP Week With Us March 16th-22nd, 2025			
Chicken Paprikash, Noodles, Carrots, Strawberry Applesauce with Milk	<p>Serving over 4.5 million children and adults healthy meals and snacks daily. <a href="http://www.CACFPWeek.org">www.CACFPWeek.org</a></p>			

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq <sup>2</sup>	1/2 oz. eq <sup>2</sup>	1 oz. eq <sup>2</sup>
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c
<p>The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. <b>All Sites are Peanut and Shellfish free.</b></p>			