

June



2 Breaded Chicken Tenders (3) WG Breadstick Cooked Baby Carrots Fresh Apple Wedges Whole/1% Milk	3 Beef Taco Meat (Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn Diced Pears WG Flour Tortilla Taco Sauce Whole/1% Milk	4 BBQ Chicken Cornbread Roasted Sweet Potatoes Mandarin Orange Segments Whole/1% Milk	5 Beef and Chicken Meatballs (4) with Spaghetti Sauce WG Hot Dog Bun Green Beans Watermelon Shredded Mozzarella Whole/1% Milk	6 Sliced Turkey Swiss Cheese WG Tortilla Romaine Salad Fresh Banana (1/2) Ranch Dressing Whole/1% Milk
9 Chicken Nuggets (4) WG Dinner Roll Cooked Carrots Fresh Apple Wedges Whole/1% Milk	10 Beef and Pasta (3/4 c.) (1 1/2 oz. Beef, 3 oz. Sauce) WG Rotini Pasta Broccoli Sliced Peaches Whole/1% Milk	11 Grilled Chicken WG Pita Bread Roasted Potatoes Pineapple Tidbits Tzatziki Sauce Whole/1% Milk	12 BBQ Meatballs WG Cornbread Green Beans Fresh Melon Whole/1% Milk	13 WG Grilled Cheese Sand. (2 oz. Cheese, 2 oz. Bread) Romaine Salad Fresh Banana (1/2) Ranch Dressing Whole/1% Milk
16 Chicken Philly Meat with Peppers and Onions WG Hot Dog Bun Cooked Baby Carrots Cinnamon Applesauce Shredded Mozzarella Whole/1% Milk	17 Taco Casserole 2 oz. Beef, Beans, Cheese WG Elbow Macaroni Mexicorn Pineapple Tidbits Whole/1% Milk	18 BBQ Chicken WG Dinner Roll Roasted Potatoes Mandarin Orange Segment Whole/1% Milk	19 Beef Patty American Cheese WG Wheat Bun Baked Beans Watermelon Whole/1% Milk	20 Chicken Salad (Chicken Celery Mayo Relish) WG Tortilla Romaine Salad Fresh Banana (1/2) Ranch Dressing Whole/1% Milk
23 Chicken Patty WG Burger Bun Carrots Strawberry Applesauce Whole/1% Milk	24 Tikka Masala Meatballs (4) Naan Bread Roasted Broccoli Pineapple Tidbits Whole/1% Milk	25 Macaroni And Cheese (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni) Green Beans and Tomatoes Fresh Orange Wedges Whole/1% Milk	26 Sloppy Joe Meat WG Burger Bun Tater Tots Sliced Peaches Whole/1% Milk	27 WG Cheese Pizza (5 oz.) WG Rotini Romaine Salad Fresh Banana (1/2) Whole/1% Milk
30 Breaded Chicken Tenders (3) WG Breadstick Cooked Baby Carrots Fresh Apple Wedges Whole/1% Milk				

	1 & 2 Years	3-5 Years	6-12 Years
Meat or Meat Alternate	1 oz.	1 1/2 oz.	2 oz.
Grains	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8c.	1/4c	1/4c
Vegetable	1/8c.	1/4c.	1/2c.
Fluid Milk	1/2c	3/4c	1c
<p>The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.</p> 			