

# JULY 2025



HORIZON EDUCATION CENTERS  
Jul-25

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Beef Taco Meat</b>  Shredded Lettuce/Cheese Mexicorn Diced Pears WG Flour Tortilla Taco Sauce Whole/1% Milk	<b>BBQ Chicken</b>  Cornbread Baked Beans Mandarin Orange Segments  Whole/1% Milk	<b>Beef and Chicken Meatballs</b> with Spaghetti Sauce WG Hot Dog Bun Green Beans Watermelon Shredded Mozzarella  Whole/1% Milk	
<b>Chicken Nuggets</b>  WG Dinner Roll Cooked Carrots Fresh Apple Wedges Whole/1% Milk	<b>Beef and Pasta</b>  WG Rotini Pasta Broccoli Peaches Whole/1% Milk	<b>Grilled Chicken</b>  WG Pita Bread Roasted Potatoes Pineapple Tidbits Tzatziki Sauce Whole/1% Milk	<b>BBQ Meatballs</b>  WG Cornbread Black Beans Fresh Melon Whole/1% Milk	<b>WG Grilled Cheese Sandwich</b> Fresh Cucumber Slices with Ranch  Fresh Banana (1/2) Whole/1% Milk
<b>Chicken Philly Meat</b> with Peppers and Onions WG Hot Dog Bun Cooked Baby Carrots Cinnamon Applesauce Shredded Mozzarella Whole/1% Milk	<b>Taco Casserole</b>  WG Elbow Macaroni Mexicorn Pineapple Tidbits Whole/1% Milk	<b>Teriyaki Chicken</b>  Chinese Noodle Salad Broccoli Mandarin Orange Segments Whole/1% Milk	<b>BBQ Chicken</b>  WG Tortilla Potato Salad Watermelon Shredded Cheddar Whole/1% Milk	<b>Beef Patty</b>  American Cheese WG Wheat Bun Baked Beans Fresh Banana (1/2) Whole/1% Milk
<b>Chicken Patty</b>  WG Burger Bun Carrots Strawberry Applesauce Whole/1% Milk	<b>Tikka Masala Meatballs</b>  Naan Bread Roasted Broccoli Pineapple Tidbits Whole/1% Milk	<b>Macaroni And Cheese</b>  Green Beans Diced Pears Whole/1% Milk	<b>Sloppy Joe Meat</b>  WG Burger Bun Tater Tots Sliced Peaches Whole/1% Milk	<b>WG Cheese Pizza</b>  Romaine Salad with Strawberry Vinarigrette Fresh Banana (1/2) Whole/1% Milk
<b>Breaded Chicken Tenders</b>  WG Breadstick Cooked Baby Carrots Fresh Apple Wedges Whole/1% Milk	<b>Beef Taco Meat</b> WG Flour Tortilla Shredded Lettuce/Cheese Mexicorn Diced Pears Taco Sauce Whole/1% Milk	<b>BBQ Chicken</b>  Cornbread Baked Beans Mandarin Orange Segments Whole/1% Milk	<b>Beef and Chicken Meatballs</b> with Spaghetti Sauce WG Hot Dog Bun Green Beans Watermelon Shredded Mozzarella Whole/1% Milk	

	1 & 2 Years	3-5 Years	6-12 Years
Meat or Meat Alternate	1 oz.	1 1/2 oz.	2 oz.
Grains	1/2 oz. eq <sup>2</sup>	1/2 oz. eq <sup>2</sup>	1 oz. eq <sup>2</sup>
Fruit	1/8c.	1/4c	1/4c
Vegetable	1/8c.	1/4c.	1/2c.
Fluid Milk	1/2c	3/4c	1c

The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.



