

DECEMBER 2025



HORIZON EDUCATION CENTERS
Dec-25

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Breaded Chicken Patty</div> <div>WG Spanish Rice Roasted Babu Carrots Applesauce</div> <div>Whole/1% Milk</div>	<div>2</div> <div>Beef Taco Meat</div> <div>(Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn Pineapple Tidbits</div> <div>WG Flour Tortilla, Taco Sauce</div> <div>Whole/1% Milk</div>	<div>3</div> <div>Glazed Turkey Ham</div> <div>Hash Brown Casserole Green Beans Fresh Orange Wedges(4)</div> <div>Whole/1% Milk</div>	<div>4</div> <div>Meatballs and Sauce</div> <div>WG Hot Doa Bun Garlic Broccoli Sliced Peaches</div> <div>Whole/1% Milk</div>	<div>5</div> <div>Macaroni and Cheese</div> <div>Romaine Salad(1/2 c) Fresh Banana(1/2)</div> <div>Ranch Dressing</div> <div>Whole/1% Milk</div>
<div>8</div> <div>BBQ Chicken</div> <div>WG Parsley Noodles Peas and Carrots Diced Pears</div> <div>Whole/1% Milk</div>	<div>9</div> <div>Sloppy Joe Meat</div> <div>WG Burger Bun Broccoli Fresh Apple Wedges</div> <div>Whole/1% Milk</div>	<div>10</div> <div>Adobo Chicken</div> <div>WG Cilantro Rice Red Beans Pineapple Tidbits</div> <div>Whole/1% Milk</div>	<div>11</div> <div>Salisbury Steak</div> <div>with Gravy WG Dinner Roll Mashed Potatoes Sliced Peaches</div> <div>Whole/1% Milk</div>	<div>12</div> <div>Four Cheese Lasagna</div> <div>Green Beans Fresh Banana(1/2)</div> <div>Whole/1% Milk</div>
<div>15</div> <div>Alfredo Chicken</div> <div>WG Parsley Noodles Cooked Babu Carrots Fresh Apple Wedges</div> <div>Whole/1% Milk</div>	<div>16</div> <div>Beef Taco Meat</div> <div>(Seasoned Ground Beef) Shredded Lettuce/Cheese Mexicorn Pineapple Tidbits</div> <div>WG Tortilla, Taco Sauce</div> <div>Whole/1% Milk</div>	<div>17</div> <div>Sliced Turkey</div> <div>and Gravy</div> <div>WG Cornbread Stuffing Broccoli Sliced Peaches</div> <div>Whole/1% Milk</div>	<div>18</div> <div>Beef and Chicken Meatballs</div> <div>WG Spaghetti and Sauce Green Beans Fresh Melon</div> <div>Whole/1% Milk</div>	<div>19</div> <div>Egg And Cheese Muffin</div> <div>(2 oz Egg Patty, 1/2 oz Amer. Cheese) WG English Muffin Home Fried Potatoes Fresh Banana(1/2)</div> <div>Whole/1% Milk</div>
<div>22</div> <div>Greek Grilled Chicken</div> <div>Naan Bread Roasted Carrots Pineapple Tidbits</div> <div>Whole/1% Milk</div>	<div>23</div> <div>Beef and Pasta (3/4 c)</div> <div>(1 1/2 oz. Beef, 3 oz Sauce)</div> <div>WG Elbow Pasta Broccoli Sliced Peaches</div> <div>Whole/1% Milk</div>	<div>24</div> <div>Chicken Nuggets(4)</div> <div>WG Pineapple Rice Green Beans Fresh Orange Wedges(4) Sweet and Sour Sauce</div> <div>Whole/1% Milk</div>	<div></div>	
<div><div><div>Need Help With Food This Season?</div><div>You Are Not Alone.</div><div>Find Local Hunger-Relief Resources Here:</div></div><div><div>Lorain County:</div><div></div></div><div><div>Cuyahoga County:</div><div></div></div></div>				

	1 & 2 Years	3-5 Years	6-12 Years
Meat or Meat Alternative	1 oz.	1 1/2 oz.	2 oz.
Grains	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8c.	1/4c	1/4c
Vegetable	1/8c.	1/4c.	1/2c.
Fluid Milk	1/2c	3/4c	1c

The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish Free.



