



	1	2	3	4
	Hoisin Glazed Meatballs (4 Meatballs, 1/2 oz Glaze) WG Brown Rice Pilaf, Zucchini and Squash, Pineapple Tidbits with Milk	(3/4c) Mac and Cheese (3 oz. Cheddar Cheese, 3 Oz WG Elbow Macaroni), Green Beans and Tomatoes, Fresh Oranges with Milk	Sloppy Joe Meat, WG Burger Bun, Roasted Potatoes, Sliced Peaches with Milk	Sliced Chicken Breast, Alfredo Sauce, WG Rotini, Roasted Broccoli, Fresh Banana with Milk
7	8	9	10	11
Chicken Tetrazzini (2 oz. Diced Chicken, 2 oz. Sauce), WG Spaghetti Noodles, Cooked Baby Carrots, Fresh Apple Wedges, with Milk	Beef Taco Meat, Shredded Lettuce, Cheese, Mexicorn, Diced Pears, WG Flour Tortilla, Taco Sauce with Milk	BBQ Chicken, Corn Grits, Roasted Sweet Potatoes, Mandarin Oranges, with Milk	Beef and Chicken Meatballs, WG Pasta and Sauce, Zucchini, Fresh Melon with Milk	Adobo Chicken, WG Cilantro Lime Rice, Red Beans, Fresh Banana with Milk
14	15	16	17	18
Chicken Nuggets, WG Spinach Garlic Noodles, Carrots, Fresh Apple Wedges, with Milk	Salisbury Steak, Brown Gravy, Mashed Potatoes, Mandarin Oranges, WG Dinner Roll, with Milk	Parsley Lemon Chicken, WG Rice Pilaf, Broccoli, Pineapple Tidbits, with Milk	Meatball Stroganoff (4 Beef Meatballs, 2 oz. Sauce), Egg Noodles, Peas, Fresh Melon with Milk	Sliced Chicken Breast (Tropical Island Glaze), WG Corn Bread, Kale and Sweet Potatoes, Fresh Banana with Milk
21	22	23	24	25
Sliced Chicken Philly with Peppers, Onions, Mozzarella cheese, WG Hot Dog Bun, Cooked Baby Carrots, Cinnamon Applesauce with Milk	Pineapple Chicken (2 oz. Chicken, 1 oz Sauce), WG Brown Rice, Broccoli, Pineapple Tidbits, with Milk	Taco Casserole (3/4c), 2 oz. Beef, Beans, Cheese, WG Elbow Macaroni, Mexicorn, Diced Pears, with Milk	Breaded Chicken Patty WG Brown Rice and Zucchini Bake, Fresh Oranges with Milk	Grilled Cheese Sandwich, WG Wheat Bread, Green Beans and Tomatoes, Fresh Banana with Milk
28	29	30		
Chicken Paprikash (2 oz chicken, 1 oz sauce) Noodles, Carrots, Strawberry Applesauce with Milk	Hoisin Glazed Meatballs (4 Meatballs, 1/2 oz Glaze) WG Brown Rice Pilaf, Zucchini and Squash, Pineapple Tidbits with Milk	(3/4c) Mac and Cheese, Green Beans and Tomatoes, Fresh Oranges and Milk		

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c
<p>The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish free.</p>			