



Catering On Call



HORIZON EDUCATION CENTERS

Jul-24

1	2	3	4	5
Meatloaf, Hawaiian Roll, Peas, Peaches, and Milk	CN WG Chicken Fritters, Green Beans, Diced Pears in Juice, with Milk	Beef Burgers with Cheese, WG Hamburger Buns, Lettuce, Pickles, Diced Strawberries and Milk		
8	9	10	11	12
Diced Teriyaki Chicken, WG Rice, Mixed Vegetables with Lima Beans, Pineapple with Milk	Turkey Burger with Cheese, WG Hamburger Bun, Corn, Mango with Milk	Salisbury Steak & Gravy, WG Roll, Mashed Potatoes, Blueberries with Milk	WG Lasagna Bake, Romaine Lettuce with Cucumber, Diced Strawberries with Milk	WG Cheese Pizza, Peas, Fresh Oranges and Milk
15	16	17	18	19
Diced Chicken & Gravy, Biscuit, Green Beans, Unsweetened Applesauce and Milk	Beef Taco with Cheese, WG Tortilla, Lettuce, Salsa, Diced Peaches, and Milk	CN WG Chicken Nuggets, Diced Carrots, Diced Strawberries and Milk	WG French Toast, Cheese Stick, Sweet Potatoes, Mango with Milk	Meatball Subs, WG Hamburger Buns, Peas, Fresh Banana with Milk
22	23	24	25	26
Diced Chicken Parmesean, WG Penne Pasta with Sauce, Green Beans, Diced Peaches with Milk	Swedish Meatballs, White Bread, Mash Potatoes, Pineapple with Milk	WG Chicken Patties / Cheese, WG Hamburger Bun, Lettuce, Pickles, Mango with Milk	Turkey Tetrizzini with WG Pasta, Peas, Diced Strawberries with Milk	Sloppy Joe, WG Hamburger Bun, Corn, Diced Pears in Juice with Milk
29	30	31		
CN WG Chicken Tenders, Carrots, Diced Peaches with Milk	BBQ Meatballs, Brown Rice, Broccoli, Mango with Milk	WG Mac & Cheese, Green Beans, Pineapple with Milk		

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq <sup>2</sup>	1/2 oz. eq <sup>2</sup>	1 oz. eq <sup>2</sup>
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c

